What You Didn't Know About

# CONSENT

How Day-to-Day Choices
Impact Our Lives





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# CONSENT and our PERSONAL POWER

This booklet serves as an introduction to assist us in using our power in more positive ways that help the All instead of just the few.

In order to effectively take back control over our own mind, body and consciousness, we will explore the meaning of consent and the types of consent that are common in human language, how consent is agreed to and how consent is manufactured through deceptive forms of mass manipulation.

Consent has direct applicability to the power of Universal Laws, and it is cleverly mimicked when used in legal contexts or in the shaping of cultural influences, which often differ greatly to obscure their everyday meaning.

Consensus exists when consent has been given by all parties involved in an issue.

We need to be very aware of the engineering approach used in mind control practices that purposely manipulate people out of their informed consent.

We are referring here to the methods used in media-based psychological operations and related propaganda that is used to get the uninformed public to support ideas and agendas that explicitly benefit the controllers.

Now and ongoing, it is of critical importance that we pay attention to and are consciously aware of what we are in consent with and what contracts we are agreeing to. When we better understand what we are truly participating in, an informed and aware decision can be made.

The global control agenda was and is designed to usurp the informed consent of the HU-man public. This psychological operation is escalating in more aggressive ways so that people will be compromised to easily give away their consent.

When people easily give away their personal consent to a structure, belief or another person, it is easy to compromise and interfere with the intrinsic relationship that person has to their own inner soul and spirit.

# CONSENT and our PERSONAL POWER (Cont.)

When we give up our rights to have informed consent in what we interact with, we lose our autonomy and even lose our rights to own our body. Fortunately for humanity, nowadays the engineered manipulation of our consent is getting increasingly easier to see.

It is up to us to place emphasis on accepting responsibility in and for our choices and actions, so that we never give up our personal consent to something outside of our own inner spiritual self's direct connection to Creator/Source.

In this way, we can interact with many different structures in this world and collaborate with other people and within communities; external things are never given authority over the self and our relationship with our inherent divinity.

This is what it means to be in this world, but not of this world. Our multidimensional consciousness exists outside of time and when we are reconnected, we are able to observe but not absorb the machinations of the control system.

The relationship with the inner core self and the highest expression of self as connected to Creator/Source must be our highest priority in order to retain power over our personal consent.

The actions of our highest expression unleash the power of consent in Universal Law, preserving rights for claiming self-sovereignty and assigning *that* authority to the body and consciousness, all while being bombarded with 3D mind-control tactics designed to manipulate consent away from all people.

# What is CONSENT?

Consent is an act of the power of the mind to think and understand, to reason and carefully consider participation in something and to then reflect on the consequences of that participation.

The proper meaning of consent is a person who exercises sufficient mental capacity to make an intelligent decision that is demonstrated through the genuine willingness to perform an action as the result of reaching an agreement in mutual or shared interest, or in performance of an action that is proposed by another.

The word "consent" is derived from the combination of two Latin words: "con-," meaning "with"; and "sentio," meaning "feeling, sensation, thought, attitude or meaning." If you exercise an attitude of self-trust in the formation of your consent, over time you will show formidable mastery when agreeing to participate in any situation or relationship to its fullest.

Consent is no longer true consent when tactics of terror, intimidation, deception and fear are used as an explicit tool to coerce consent in a person, in order to get them to go along with performing an action.

Obviously, this is coercion administered under threat of personal harm. Thus, we can be made aware that the people's consent is stolen, manipulated and coerced through the specific psychological targeting of the masses through intimidation, bullying, terrorism and fear of victimization.

This is a mass media psychological operation used to traumatize the HU-mans of the world, distracting them from comprehending the power of consent.

Additionally, consent occurs when one person voluntarily agrees to the proposals, goals or desires of another person. This also applies to participating with any kind of organization and other types of corporate structures.

No consent exists if fraud, deception, threat or fear is implied or can be proven. There can be no consent under duress.

If an accusation or claim is made and not rebutted, consent is presumed; hence, silence is *de facto* consent.

When we are in consent with something, no matter what it is, whether a person or an inanimate thing, it is important to set your intentions, purposes and goals as to why you are consciously participating with that particular person or thing.

# What is CONSENT? (Cont.)

This is called setting the terms of a Statement of Purpose (Declaration of Intent), which correlates to the Law of Intent. All individuals should have a Statement of Purpose that reflects their current intentions and self-goals, no matter how basic it is to outline their singular purpose and direction. People need to be self-aware to the point that they can define what purpose they want to serve in life.

A personal Statement of Purpose can be as simple as, "I choose to be in the highest expression of my divinity and to co-create with Creator/Source in reaching my highest potential" or "I am the light and I choose to shine in any situation." However, the more defined your Statement of Purpose, which does not necessitate lots of words, the greater your manifestation power to both create and live it.

Furthermore, all organizations and systems of energy should also have a Statement of Purpose that clearly reflects the declaration of intent and the purpose of the organizational structure.

A Statement of Purpose will set the intention of the organizational field in the systems of energy being co-created which will allow you, over time, to self-assess and monitor whether your Statement of Purpose and the Statement of Purpose (mission statement) of another person or organization are consonant or dissonant with your own.

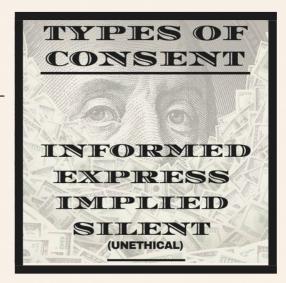
As a conscious, awake and informed person, this step is a very important one in managing the energies generated between all of your personal associations, projects and the intentions behind them.

This clarity of purpose allows you to check in for personal resonance quickly as things between people and organizations evolve and to better monitor whether you need to make changes in the intent or consent that you have made in the relationships you have created. While this clarity is often externally voiced and directed, the internal monitoring of your purpose arises from responding to the frequency you realize by acting from an ever-new baseline of wisdom that grows out of your own shadow work, intuition and knowing.

There must be alignment between the mind (lower/higher/divine mind) in service of a developed, higher heart in order for informed, explicit, voluntary, free-will consent to be given to a thing or situation. In this booklet we discuss a graduated scale from ethical to unethical types of consent: Informed and/or Explicit, Implied/Express and False (tacit, silent, manipulated).

# **CONSENT Types**

#### INFORMED CONSENT



Informed Consent is a legal term and ethical principle that describes biological ethics, which was introduced after World War II. It replaced the earlier medical attitudes that were founded on having implicit trust in a doctor's decisions and put patients in charge of their own care.

Informed consent is the process of getting permission before involving a person in some kind of situation that impacts bodily health or well-being and is usually related to medical research or clinical experiments. An example would be being informed of the potential risks of a therapy or drug and giving informed consent before being provided those treatments or substances.

Informed consent can be said to be given when a person has been made to understand the facts sufficiently to consider the implication and possible consequences of an action or actions that will impact them.

Therefore, the term informed consent is an ethical and legal principle in which a person exercises their right to gather more data for analysis and perform their own due diligence to better understand the facts and consequences of making a choice that impacts them. Informed consent is directly related to preserving a human right to self-ownership, autonomy and the prevention of abusive conduct.

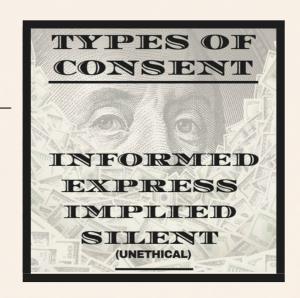
A legally defined, valid informed consent has three components: disclosure of the information in a truthful way to make an autonomous decision; the mental capacity to comprehend the information and form reasonable judgments on its consequences; and the voluntary action to exercise decisions without external pressures such as coercion, manipulation and deception.

These three core principles of informed consent are important to understand as they correlate to the tipping point that must be reached for the HU-man Collective Consciousness to be awakened into the thresholds of accepting higher frequency reality.

As more people can comprehend their personal rights in Universal Law, they can exert that personal power to become more flexible and open to receive clarity around the larger, unpleasant truth underlying world events and world history.

# **CONSENT Types**

### INFORMED CONSENT (Cont.)



As we, the people, begin to perceive more of the true nature of reality in pushing past denial and fear, we rise to support the collective human right to full disclosure and demand to know the truth, no matter how ugly it is.

When we go beyond fear and denial and stand up for the ethical treatment of humanity and the earth, we are then willing to accept responsibility and petition for the truth, as based in Universal Law, to be known. This directly applies to examining evidence and continually asking for informed consent in everything that impacts our mind, body and spirit and all that transpires in our world.

#### IMPLIED/EXPRESS CONSENT

Implied consent is dependent on the circumstances that exist which lead a reasonable person to believe that this consent was given, although no direct or explicit words of consent or agreement have been written or expressed. Implied consent is based on the person's behaviors or actions in particular situations or surroundings.

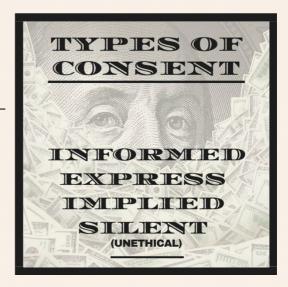
One example of implied consent is that of participating with a larger institution, such as an educational institution. These places are mechanisms of social order which govern the behavior of the individuals that exist within that community. Implied consent would mean that if you choose to participate within that institution, you are expected to follow their rules.

In gaining access to TPC (The People's Club) Communal Gatherings as a learning and teaching environment based upon caring and sharing, self-responsibility and need over greed, implied consent would mean that members agree to follow the guidelines of behavior that are expressed in the memes and mores co-created by the TPC. Someone governed by guidelines or belief systems contradictory to TPC would likely experience cognitive dissonance upon becoming amember. They may be unable to redefine their own implied consent, especially if their participation creates any disturbance.

The area of loosely interpreting implied consent is often manipulated the most by imposter spirits, in order for them to gain manufactured or false consent over unaware and unawake people.

# **CONSENT Types**

### IMPLIED/EXPRESS CONSENT (Cont.)



This is especially so for people who have addictive and escapist tendencies masked by unresolved pain and trauma. If we have not been taught that engaging in unhealthy or negative behaviors can open us up to astral parasitism, we can unknowingly open our psi field (aura) to demonic attachments and negative spirits/energies without realizing it.

This happens through the consent we have made by engaging in negative behaviors, to include use of alcohol, drugs, porn, witchcraft and so forth, even though we may not have given express or written consent to invite these attachments. Our unhealthy spiritual behavior is the tacit consent that is given to the world of dark forces, which allows them to then manipulate, control, attach and harvest (siphon) your energy while deepening your feelings of misery.

When a person repeatedly acts with disregard for the health of their soul or they are victimized by a violent entity using another person to commit harm against the soul, this leaves demonic bindings and other dark residues. The most common and dramatic examples of assorted spiritual attachments hanging onto a person's psi field are the religiously conflicted, sexually assaulted, emotionally traumatized, violently victimized (as through SRA-Satanic Ritual Abuse) and the excessively mind-controlled and/or soul-fractured.

To begin to heal from any of these spiritually abusive issues, the person must learn about the Laws of Intent, Consent and Structure so they can begin to make informed consent choices to reclaim their body and to energetically heal from severe spiritual abuses that have fractured their consciousness and their light body.

This is why, in personal situations, we should avoid implied consent with people we do not know well and make sure that we have a direct verbal conversation or agreement that is discussed between the parties involved. Open and clear communication between people maintains the clarity of each person's intentions so as to avoid misunderstandings of what may be construed as implied consent.

#### EXPLICIT CONSENT

Explicit Consent means that an individual must have provided a positive indication that they agree, for example, to their personal data being shared. This could take the form of ticking an opt-in box or another action that signifies agreement, such as oral confirmation, or the provision of contact details where the individual has been clearly informed that, by giving these details, they agree to their data being shared.

# UNIVERSAL LAWS IN ACTION

#### LAWS OF INTENT, CONSENT AND STRUCTURE

Remember that your intent (cause) matches the consent which self-authorizes any circumstance or structure being created (effects). When you create something, think about what the intent is, what your consent means and how your choices imbue with authority any structure that is unfolding. Ask yourself "What are the possible consequences of what is happening?" and also ask yourself "What happens next?"

Whatever kind of force we consent to, whether we recognize it or not, is the quality of energy that our body and consciousness have claimed under Universal Law. The quality of spiritual forces so claimed have corresponding dimensional laws that govern those forces' actions. Negative forces are in the lower dimensions and create servitude and bondage to time, while alignment with positive forces in the highest dimensions create sovereignty and freedom for the soul and spirit. Our free will is the most fundamental of our rights under Universal Law and giving consent is how we express and develop our right of choice.

Under the Law of Structure, when any organization's coherence is imbued with matching intent and express forms of consent to a resulting series of sound, free-will choices, that self-authorized structure will remain in command of all of the forces that accumulated and combined to co-create it.

The staggering lack of knowledge about the operation of true, voluntary consent through exercise of free-will choice is the most common reason why an individual that has unknowingly thrown in with negative forces becomes increasingly entangled with these forces, creating a ripple of negative results.

Many people cannot discern negative forces and the levels of deception carried out by imposter spirits. This is a loophole created by the inorganic AI architecture that has manipulated humans in particular to co-create with these negative forces, in order to grow and spread their negative effects on the earth plane and in dimensions well beyond it.

## LAYERS OF DECEPTION

#### **IMPOSTER SPIRITS**

An impostor is defined as any entity or human being that is saying words or expressions or making representations that it does not embody, comprehend nor behave in accordance with. It is a person who pretends to be someone else, so as to deceive and harm others, especially for fraudulent gain.

An imposter spirit is the Luciferian or Satanic spirit which promotes false-light authority and anti-life architecture through deception, lies of omission, manipulation, death or destruction in order to serve its agenda for control. These belief systems are the basis which form the Negative Ego and, like the Babylonian money magic system, were manifested out of a predator mindset to harvest all organic life in order to maintain itself.

This imposter spirit energy was inserted and imprinted as, for example, a false savior program, and the spiritual betrayal humanity has experienced in its soul/spirit package due to this fact has been crushing in consequence. The Negative Ego agenda with its so-called False Parent programs have manifested physically, ancestrally, genetically and energetically (spiritually) throughout our entire sense of identity.

While being incarnated into an enslaved reality matrix and absent our true spiritual identity, humanity has existed in a severe crisis, unaware of its purpose, unaware of being interfered with in its connection to Creator/Source. We were tricked into believing the Impostor spirit's value and purpose was one of benevolence and love for humanity, when its hidden motivation and aim has always been a profoundly malevolent inversion, something we readily witness throughout all tiers of societal leadership.

The impostor spirit has hidden inside our schools, governments, hospitals, career centers, leadership, family members, things we hold most sacred and, finally, even inside of us. We believed this False Parent spirit loved us and cared for us and we are seeing that this is not at all true. The inorganic impostor spirit is neither capable nor equipped to know true love or benevolence towards life, towards children, towards HU-man values.

With this deep-seated imposter spirit pattern surfacing, it is a very confusing and challenging time for humanity to unveil inner spiritual knowing and show faith.

## THE NAME OF THE GAME

#### WHO IS RESPONSIBLE?

We are. As a species, humanity has surrendered its power to weak controllers who expertly play the long game, bring things in very slowly over decades and generations and trick us into giving away our consent little by little over extended periods of time. This is done through contrived wars, divide-and-conquer events, religious dogma, financial crises and contrived resets and the latest global tactic, the pandemics. The most used mechanism is that of fear for our very survival.

Evil is perpetuated through those who follow orders. Those who follow orders are indeed more culpable than those who give the orders. The so-called "EL-ites" know this and use it to their fullest advantage.

This may be a bitter pill to swallow but it is the authentic truth. We, as a species, have largely failed to see through the deceptions and to refuse consent to the systems of domination and control.

We are at the precipice of the most exciting time in his-story—it's called our-story—as we collectively claim our personal power, eschew acting like spiritual children and become observing, self-responsible adults with a more cosmic view.

Let us look at a few of the ways the system manipulates consent away from us at every level —mental, emotional, physical and spiritual—before we outline the solutions for overcoming them.

MENTAL: Programming beliefs through mass media manipulation of information and censorship; indoctrination; savior programs such as religion, politics, government and educational institutions; video games and porn. He who controls the flow of information controls the masses. Cognitive dissonance.

Education: Controlling what we think through dumbed-down education systems (the true definition of *education* is "the training of animals"). Children are not taught how to think, only WHAT to think. They are not taught grammar, logic (reason) and rhetoric which are crucial to the development of self-knowledge and self-trust. Higher learning is all controlled by cabal-owned corporations and bloodline families.

Medical: Making us think we are weak and incapable of healing without a pill or surgery.

### THE NAME OF THE GAME

### WHO IS RESPONSIBLE? (Cont.)

Savior Programs: What is a savior program? Religion is the biggest conspiracy theory ever perpetuated on this planet and is largely responsible for the loss of individual self-mastery. We are programmed from a very young age to fear "God" and "Hell" and look to the return of "Christ" (a.k.a. the impostor spirit) as one example, all the while giving away our consent and simultaneously our power to a Savior in the sky, when our true power comes from within each and every one of us.

We each possess a direct connection to the Source of our consciousness, which all religions and governments on this planet seek to usurp. Given that we are manifesting beings capable of co-creation, the controlling EL-ite seek to harness our power for their own harvesting ends. They are incapable of manifesting things for themselves, given their low frequency lifestyles and service-to-self habits.

EMOTIONAL: Mass Manipulation through fear campaigns. Emotional triggers through false flag events, war, scarcity tactics, fake climate change, pandemics, and so forth. Using divide and conquer tactics within the Hegelian Dialectic (problem-reaction-solution) to fuel male-female division, racial division, religious division, trans-sexual (read: trans-human) culture wars and other us-vs.-them tactics in the media and politics.

PHYSICAL: Greed-perpetuated consumerism with a "keeping up with the Joneses" mindset, leading to insane levels of debt and pure waste. This keeps us distracted and overworked to pay off our contrived "debt," when in fact every organic spirit born on the planet is born into a divine trust bearing infinite credit as a Source-based being.

Other examples of giving consent: consumer spending, voting, taxes, permits, fines, millions of useless laws, licenses to conduct "privileged" activities—to marry, conduct "professional activities" and even own a dog or sign our name to any contract. Birth certificates, death certificates, social security accounts are all converted into government-based securities, assigned a CUSIP number, grouped into lots, then marketed as mutual funds (through means of the *Cestui Que Vie Act*).

SPIRITUAL: Astral manipulation, spirit possession, harvesting (looshing) our energy, imposter spirits, voice-to-head tech, channeling tech, new age programs, etheric implants.

# PERSONAL SOVEREIGNTY

### 9 SOLUTIONS/PATHS TO FREEDOM

#### 1 HEALTH SOVEREIGNTY

All dis-ease stems from imbalance within the mentalemotional bodies.

Working with spiritual nutrition books and tools such as Our Spiritual Nutrition/Making Change in our lives, A workbook, one can speed up the self-awareness and healing process considerably. The ongoing, sincere engagement in shadow work, letting go of programming and plumbing the inner senses of the heart for self-healing are the keys to raising the planet's frequencies. Heal thyself, heal the All.

Natural health/wholeness/holistic lifestyles Nutrition: eating whole, minimally processed foods, preferably home grown, including medicinal herb gardens Preventative care, Physical fitness, Sun gazing

#### 2 FOOD SELF-RELIANCE

Securing our future food supply for our families is key to removing consent from the system. Grow your own food using heirloom seeds (non-GMO), join community gardens, save seeds, join a seed bank, join a local farmer's co-op, support farm-to-table initiatives. Russia's summer dacha garden communities are a fantastic example of food self-reliance. Raw milk, eggs, cheese, butter, and free-range beef, pork and chicken can be found in most local areas.

#### 3 SPIRITUAL SOVEREIGNTY

Freedom begins with knowing who and what we really are. Free will is the most powerful force in the universe.

As co-creators with the source of our consciousness, capable of manifestation, we are all ultimately responsible for raising the collective consciousness of this planet. We each bear an individual responsibility to ourselves, collective humanity and the planet to become spiritual adults.



# POWERFUL STATEMENTS

#### 4 FINANCIAL SOVEREIGNTY

Buy what we need, not what we greed. Do a personal inventory of all the useless purchases (including food) that go to waste. Do we really need all that stuff?

Voting with our dollars and refusing to buy subpar products (most laden with toxic chemicals and petroleum byproducts) made by multinational corporations is an important step on the road to individual sovereignty. Many homemade products, such as home cleaning and skincare products, are far superior and do not contain toxic chemicals and other harmful ingredients.

Just say no to big box stores! SHOP LOCAL. Stop shopping for convenience by using food and grocery delivery services and share food within your communities.

Consider a carshare or rideshare program locally or start your own. Many communities are beginning to share lawnmowers, tractors, tools, children's toys and much more.

Do not allow your data to be harvested: Say no to any unnecessary apps or stores asking for phone numbers or personal information. Check the fine print: Google, Facebook/Meta, Instagram, and many more apps are selling our personal information for profit and thus far we have consented to it lock, stock and barrel.

#### 5 USE REVOCATIONS

The proper definition of a revocation is "the official cancellation of a decree, decision, contract or promise."

A revocation in this context is an out loud statement that disconnects you from any person, situation or agreement that you no longer give tacit (silent) consent to, yet still has an energetic connection to you on the unseen levels of reality.

These connections often affect you for years after the original interactions with those events. Emotional trauma and abuse from childhood is a big example of this, as well as any dysfunctional relationship for that matter.

Revocations work by stating out loud your intentions which, by doing so, enters them in the Earth's Akashic record. This is your way of affirming and revoking any further contact with the energies that are holding you back in the present. You do this by engaging with your, "I Am" Presence energy. This begins to release the bindings of many of the ways we have unknowingly given away our consent.

# POWERFUL STATEMENTS

#### **USE REVOCATIONS (Cont.)**

It is important to note that it is not just the physical cords and interactions that need attention; it is just as important for the non-physical cords and connections you have contracted with. The sexual partner cord lasts for seven years, for example, but you can clear yourself energetically of the emotional cord attached to a previous partner immediately.

Often people neglect to clear this emotional cord attachment following a split, but the former partner can harvest your energy if you do not remove it. Cutting the emotional cord solves this issue. It may not please the former partner, as they are likely to go off course and to feel the reduction in energy harvesting but, from your perspective, you simply need to observe, not absorb, their energy.

The language of revocations should be made personal to the person or people making them and should be said out loud. They are often templated with phrases like the following examples:

I hereby revoke (the harmful things done) ...

I repatriate all fragments, body parts, etc. (in all dimensions, time/space) ...

I do not consent to (the deceptions and manipulations) ...

I declare (the new reality of positive things being created) ...

I-magine, assemble and unify (the new structures being co-created) ...

We the people demand that (free-will choices under Universal Law) ...

I call forth (the I AM / WE ARE) ...

This declaration carries my energy signature/core heart signal as my stamp and is hereby signed/registered with utmost spiritual currency and placed into the ether as my free-will choice to alter my reality, beginning now and lasting into perpetuity.

And so it is.

# SPIRITUAL HYGIENE

#### 6 SPIRITUAL HYGIENE PRACTICES

#### STATE YOUR BOUNDARIES

Setting energetic boundaries is the first step to energetic hygiene. Start saying *yes* to time for yourself (even if only 15 min/day) and *no* to what doesn't serve you.

Decide what kind of day you're going to have and don't let anyone deter you from that. This declaration is more about mindset than situations, so hold this stance internally all day by holding your frequency. State your boundaries out loud each morning to yourself.

Here is an example of a personal declaration of intent (let your heart's intuition guide you):

I am only willing to accept that which is for my best and highest good.

I am only willing to accept loving and high vibrational interactions.

I will lift others and I will lift myself.

My vibration is raised when in service to others.

Negativity is not allowed in my experience.

I only accept positive and fulfilling interactions.

Once we state these affirmations throughout each day, it is surprising how quickly our world shifts and how people's interactions with us change!

A simple example of a personal script for use in the morning and evening:

I do not consent to contracts with anyone or anything not serving my greatest and highest good. I do not consent to being in the simulation astral realm. I do not give consent to engage with those entities who play tricks or take me off my developmental path.

**CAUTIONARY NOTE:** Astral or mental projection is the ability to voluntarily project an astral or mental body and is associated with the out-of-body experience in which one's consciousness is felt to temporarily separate from the physical body. **Beware of the term** *astral travel* as it is a mindmeme trap. Beware also of being in the simulation astral. It may look familiar to you but the clue to its being a simulation is that you notice things and people that are slightly or strangely out of place.

#### BATHING THE BODY

Literally cleaning your psi field with the energy of water in the shower is a powerful practice, especially when coupled with intention setting. We should be bathing and cleansing our energy each and every day, that is, providing you have adequate access to running water.

# **EMPOWERMENT**

#### 7 CENTERING, GROUNDING & SHIELDING

This is another important regular step for your own protection and well-being. Start by centering yourself in your heart space with a calm and empty mind. Reject any dialogue or noise and feel through your heart.

Center yourself in the middle of your psi field. This field comes from within you and is your aura. Set your intention to clear the ground beneath your feet and your psi field. For those who can see themselves, this will be easier. For those who have not yet honed their ability to see, call in your higher self to allow you to view and observe YOU.

Can you see any holes in your field? Any wires sticking out? Any anomalies? Remove wires and anomalies and repair the holes in your psi field using whatever tools you see fit. Now you are ready to shield.

#### **BUILDING YOUR SHIELD**

While viewing yourself, create a wide circle around you a couple of feet below the bottom of your feet and seal this circle beneath your feet. This base protects against intrusions from below. Then start a wide spiral from this base, going up your body in a cone shape, with no more than 6-9" between the rings. If done correctly, the spiral will be a mixture of blue and white light. Bring it all the way up and into a point about 12" or so above your head. Do not access the energy from an external source. It is all within you, so what you intend is precisely what you manifest.

If, as the energy is spiraling up, it stops or stalls, then clear the blockage with a burst of energy by projecting it out sideways. The spiraling energy will start moving up again once you have cleared it. Your shield should look like a blue and white cone, with you inside of it, but not touching the edges of your shield. Inspect your work and seal any vulnerable areas.

Set your defenses onto and around your shield. You can use fire, swords, electric zappers or other tools. Get creative! This is done with the intention to ward away all entities, energies and tech which are not to your benefit. For protection against djinns and other powerful entities, it is recommended to construct a faraday cage shield (outside of the cone shield) as well. This shield is generally done using copper, but it is your intent for this cage that matters most.

This is a very useful practice each morning and evening or any time you start to feel interference or just "off". It is particularly important to shield yourself before dreamtime.

#### 8 SHADOW WORK

To heal and integrate the darkness within, shadow work/integration is vitally important. Seek to become "whole" and "balanced" so we are no longer projecting onto others and adding negativity to the collective consciousness. Simply put, we create what we judge.

Knowing all things have an appropriate place and time (even when we do not like or agree with it) means we are no longer fighting against life but are in co-creation with it.

As long as we remain ignorant of our own shadow side, this will be projected. It is our obligation and responsibility to take ownership of our own contribution to the current state of the world, by loving and accepting ourselves as whole beings.

#### 9 SELF-AUTHORIZING NEW STRUCTURES IN FREE WILL

Revocations and declarations, as discussed, are powerful statements for releasing ourselves from ill-gotten and ill-given consent to the corrupt structures that have controlled us. Under the Law of Structure, the combined energies and frequencies with which a thing is built characterize the authority governing that structure. Once we soul-develop and recognize the old societal structures for what they are and remove consent given under duress, we dissolve those structures and blueprint better ones, self-authorized in free will to open up more fruitful pathways. How profound it is that each time we do make a new free-will decision, we open up a new, organic timeline for ourselves accordingly!

The "I Am" Presence is integral, not only for releasing the old but for taking that leap of faith to the observer view of the self that is ever stable and free in the divine flow of inner knowing. With your heart connected to Creator/Source and by simply choosing Love over Fear in the making and performance of new realities, your true power and purpose can shine forth and become a beacon to others to be and do the same.

Here is an example of establishing a new baseline of consent from the higher frequencies:

You watched me from lofted edifice,

Lies of your own creation suffocating the light of all creation.

You banished me to work in your dystopian fields, all in service of your immortal avarice.

Cocooned in programs to diminish and render hopeless.

Stealing the crown from the true guardians, rewriting the course of history.

Severing a connection in time that could never be lost outside of it.

You corrupted above and below, within and without.

But there were some souls you couldn't see coming. The way-showers. We were all victims and participants in your game. Did you fail to see that a few could play the same game and turn the tables?

Did you not consider that the sheer vastness of your desperate enterprise would give your game away?

Would they not ask, "Overlord, why did you feel the need to control such a wretched and reviled people, well beneath your exalted station?"

You passed your brutal, evil judgements, mixed in your twisted 'event plans' and caused us to fight amongst ourselves. To turn on one another. To believe the lies.

But when you sentenced me, you showed your fear was beyond mine. The butterfly now stirs the cosmic broth of awakening.

I see the cracks now. I see beyond your illusions. Your time box has ceased to contain me. Your spells have lost their power. The ties that bound, brittle and broken, have caused us to bind as one. As we were intended. Your plan backfired on you.

I now observe you in the infinite fullness of a love you cannot fathom.

I remember now.

I am the crown of all creation.

I am love.

All-encompassing. All embracing. Everlasting. All-accessible. All-integrating. All-transmuting. All-flowing.

All-forgiving.

Transcendent. Evolving. Endless.

Thank you for your lessons. I shall not forget. Rest now. Your work is done.

My journey continues outside of time, shedding the past and breathing in the day that finds me new.

I am the event.

This booklet is intended to inform and inspire us all to take control of our lives and our consent.

It is our great pleasure to offer this material freely to all as we accelerate on our individual journeys of spiritual development and as HU-mans as a whole accelerate on a collective journey into a mature, wise and advancing species. Please view the references we have drawn information from and please stay tuned for future booklets from TPC Communal Gatherings.

# REFERENCES we have drawn from:

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# Thank you

# FOR READING

AND THANK YOU TO ALL WHO CONTRIBUTED

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